

# The packages

## HALF DAY

**MONDAY -THURSDAY £49.00 | FRIDAY - SUNDAY £59.00**

*Aimed to set you on your day's journey feeling relaxed and rejuvenated. Including use of the Thermal Experience between 9.00 am - 12.00 noon followed by a 3 course lunch served in our restaurant. Or choose to arrive between 1.00 pm - 4.00 pm experience the Thermal Journey and enjoy afternoon tea before you leave.*

*Choose one of the 30 minute treatments below:*

**Back, Neck and Shoulder Massage**

**Mini Facial**

**Mini Manicure or Pedicure**

## TWILIGHT

**MONDAY – SUNDAY £34.00 | 4.00 - 6.00 PM**

*The perfect treat for after that long day at work! Enjoy prosecco upon arrival, use of the Thermal Experience and choose one of the 30 minute treatments below:*

**Back, Neck and Shoulder Massage**

**Mini Facial**

**Mini Manicure or Pedicure**

## FULL DAY

**MONDAY -THURSDAY £99.00 | FRIDAY - SUNDAY £109.00**

*This package is truly designed to rejuvenate, relax and revitalise your body for the road ahead we call life. Including use of the Thermal Experience from 9.00 am - 5.00 pm, a 3 course lunch with prosecco in our restaurant and then choose one of the 60 minute treatments below:*

**Luxury Manicure or Pedicure with Floral Foot Soak**

**Germaine Rose Skin Zen Calming Facial (+£20)**

**Netherwood Classic Facial**

**Aromatherapy Back & Scalp Massage**

## OVERNIGHT STAY

**MONDAY -THURSDAY £169.00 | FRIDAY - SUNDAY £179.00**

*Upon arrival enjoy cream tea and prosecco followed by afternoon or evening use of the Thermal Experience along with one of the 60 minute treatments below. Indulge in our four course evening meal, relax in our cosy lounges or retreat to your bedroom. Before you depart enjoy a further 30 minute treatment!*

*60 minutes    30 minutes*

**The Netherwood Woodland Ritual    Back, Neck and Shoulder Massage**

**African Baobab Body Exfoliation    Mini Facial**

**Netherwood Classic Facial    Mini Manicure or Pedicure**

**Germaine Mediterranean Candle Glow Massage**

**Did you know we also offer an optional upgrade to add Yoga/Meditation onto your package?**

**Please contact our team for additional information and availability**

**THE SPA**

NETHERWOOD HOTEL

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