

The spa

EYES

EYELASH TINT 30 mins	15.00
EYEBROW TINT 15 mins	8.00
EYEBROW SHAPE & WAX 15 mins	10.00
EYEBROW SHAPE, WAX & TINT 30 mins	15.00

A patch test is essential 24 hours prior to any tinting treatment

WAXING

LIP & CHIN 15 mins	6.00
STANDARD BIKINI 20 mins	15.00
1/2 LEG 30 mins	20.00
FULL LEG 45 mins	25.00
UNDERARM 20 mins	10.00
CHEST or BACK 30 mins	20.00

THE FACE - GERMAINE DE CAPUCCINI

All of our facials commence with an aromatherapy and warm pinda protocol

A TASTE OF GERMAINE 30 mins 35.00

An introductory facial to refresh the skin

Your relaxing therapy includes a cleanse, exfoliation and massage using products chosen specifically for your skin

SPA PRESCRIPTIVE FACIAL 55 mins 50.00

Designed specifically for your and your skin type

Regardless of your age and skin concerns, this facial will be designed specifically for you. You will be left deeply cleansed, hydrated and radiant

ROSE ZEN FACIAL 60 mins 60.00

Soothes, hydrates and nourishes dry and stressed skin

This delicate facial uses extracts of five different roses to reduce redness, signs of fatigue, dehydration and premature ageing

TIME EXPERT VITAMIN C+ FACIAL 60 mins 65.00

A powerful therapy using Vitamin C and Ume extracts

This advanced treatment helps to replenish the skins luminosity, vitality and firmness. Vitamin C provides a powerful antioxidant to offer the skin a fresh, healthy glow

TIME EXPERT LIFT(IN) SKIN FACIAL 75 mins 80.00

The ultimate facial to lift and redefine

This exquisite complex aims to regenerate the skin from inside out. Time Expert Lift (IN) firms and contours the skin to reveal a youthful appearance

MENS PRESCRIPTIVE FACIAL 60 mins 55.00

Energising facial for damaged, irritated skin

A treatment designed specifically to meet the needs of men's skin. Infused with a blend of plant extracts and vitamins, this facial is healing, relaxing and rejuvenating

THE FACE - ADD ON THERAPIES

ENCHANTED EYES 15 mins 15.00

Reduces lines and wrinkles around the eye area

Our Time Expert eye treatment works in a natural way to plump out lines and wrinkles around the eyes. The skin around this delicate area is left looking smoother with dark shadows and bags under the eyes reduced

GLYCOCURE RENEWING PEEL 15 mins 15.00

Exfoliation peel to renew the skin at the deepest level

An advanced exfoliation peel to eliminate dead skin cells, detoxify the dermis and reduce congestion

HANDS

EXPRESS MANICURE 25 mins 15.00

Cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with a prescriptive base coat, completed by the perfect polish

JESSICA PRESCRIPTIVE MANICURE 45 mins 20.00

Nails are analysed and treated for their specific type. Shape, cuticle care, massage, prescriptive base coat and perfect polish

FEET

EXPRESS PEDICURE 30 mins 18.00

Cuticles are groomed, legs massaged with conditioning creams, toe nails shaped and perfectly polished

PRESCRIPTIVE PEDICURE 55 mins 25.00

Hard skin is removed, feet and legs massaged and exfoliated. Cuticles are groomed, toe nails shaped and perfectly polished

GELERATION NAILS 15 mins 10.00

GELeration's gel formula delivers a long lasting, flawless finish that dried in seconds and protects the natural nail. An application of GELeration polish can be added to any of the above manicure or pedicure treatments

EXISTING GELERATION REMOVAL 30 mins 10.00

THE BODY - GERMAINE DE CAPUCCINI

PHYTOCARE BAOBAB EXFOLIATION 30 mins 30.00

Energising full body exfoliation

Inspired by the most exotic oil of Africa, combined with seeds, oil and shells, this body exfoliation provides a deeply moisturising and softening effect

PHYTOCARE BAOBAB RITUAL 75 mins 75.00

An energising full body massage and exfoliation

Using baobab seed oil this African inspired full body massage promises an invigorating, stress-reducing experience. The blend of natural oils provides anti-inflammatory benefits followed by baobab body exfoliation

DREAMY LEGS 25 mins 30.00

A refreshing leg therapy for tired and heavy legs - ideal for pregnancy

This revitalising therapy includes leg exfoliation and massage with baobab oil followed by application of our cooling menthol gel

MEDITERRANEAN CANDLE MASSAGE 60 mins 70.00

A warming full body massage

Our Mediterranean inspired massage candle is poured over the body for a prolonged massage, using deep soothing movements. This indulgent experience will ease tension whilst natural antioxidants will hydrate and nourish the skin

SPERIENCE ELEMENTS MASSAGE 60 mins 60.00

30 mins 30.00

A feng shui inspired body massage

By matching one of our five active oils to your needs, our sperience elements massage is specifically catered for you. During this sensual massage your therapist will relieve tension and negative energy throughout your body

TRANQUIL SCALP THERAPY 30 mins 30.00

Stress relieving neck and scalp massage

Utilising the benefits of ethically sourced baobab seed oil this nourishing and moisturising neck and scalp massage offers an intense relieving treatment

THE THERMAL JOURNEY

**HOT TUB | WARM TUB | PLUNGE TUB | STEAM ROOM | SAUNA | SALT INHALATION
MONSOON SHOWER | ICE FEATURE | CHILL OUT AREAS 120 mins 20.00**

THE SPA

NETHERWOOD HOTEL

015395 33999 | spa@netherwood-hotel.co.uk