

# The spa

EYELASH TINTING 15.00  
EYEBROW TINT 10.00

EYEBROWS 10.00  
FACE 6.00  
BIKINI 15.00  
1/2 LEG 19.00  
FULL LEG 25.00  
UNDERARM 10.00  
CHEST (MEN) 20.00

ENTRANCE TO OUR THERMAL EXPERIENCE 20.00

**ROSE SKIN ZEN CALMING FACIAL** *this is stunning and intensive therapy uses the essence of flowers and plants in a concentrated formula with a highly active anti-stress action. With petals of gaelic rose and extract of the arctic rose, black rose, white rose and the Nepalese rose your skin is soothed, hydrated and nourished, whilst breathing in the natural scents of roses* 60 mins 60.00

**TIME EXPERT C+ (A.G.E) VITAMIN FACIAL** *the first professional anti-glycation treatment with an intense revitalizing and anti-ageing effect. Perfect for skin which looks dull and tired. This advanced treatment uses Ume Extract, a type of Japanese plum that counteracts the effects of glycation along with Vitamin C to repair the skins luminosity, vitality and firmness. One treatment provides a spectacular visible result, 4 weekly treatments provide a lasting revitalizing effect* 60 mins 75.00

**MENS PRESCRIPTIVE FACIAL** *our skilled team of therapists will provide you with a most prescriptive treatment designed especially for your skins needs. Regardless of your skin type, age or concerns, this facial will be perfect for you, and combines luxury with very real, visual results* 60 mins 55.00

**ENCHANTED EYES** *our time expert eye treatment works in a natural way to fill in and plump out lines and wrinkles around the eyes. The skin around this delicate area is left looking smoother, line and wrinkles are reduced in length and depth, and dark shadows and bags under the eyes are reduced* 15 mins to any facial 15.00  
45 mins alone including taste of Germaine facial 45.00

**WOODLAND RITUAL** *enjoy your escape with us where you will be able to unwind, allow your mind, body and spirit to regain its energy. Woodland ritual commences with our warm lavender candle back massage to sooth and ease the back, followed with a soothing and desensitising rose facial with 5 variations of rose petal mask and aromas from a wild woodland experience to relax the mind and restore harmony* 90 mins 85.00

**NETHERWOOD CLASSIC FACIAL** *for all skin types, a prescriptive treatment designed for your skin. Includes an anti ageing facial massage with a warm pinda scalp massage leaving skin feeling fresh and radiant* 55 mins 60.00

**GERMAINE DE CAPPUCCINI AROMA MASSAGE** *aromatherapy massage designed to suit your needs and mood. Choose from one of our pre-blended oils. Your therapist will then use specific movements to target your concerns;*

**FIRE** *warming, relaxing massage blended with lavender, sandalwood and ylang-ylang to help calm and sooth and alleviate anxiety*

**EARTH** *an anti-cellulite massage working on the contours of the body and targeting stomach area to aid congestion, essential oils of cedarwood and juniper*

**METAL** *revitalizing massage, with lemon, lime and nutmeg to uplift the mind and body*

**WOOD** *stimulating massage with essential oils of mint, sage and cinnamon, designed to help improve circulation*

**WATER** *to help with rehydration, regeneration and sooth the mind and assist with fluid retention in the legs, with geranium, patchouli and coriander*

30 mins back neck and shoulder 35.00  
60 mins full body 65.00

**AFRICAN BAOBAB BODY EXFOLIATION** *inspired by the most exotic oil of Africa with wonderful aromas and textures from the baobab seeds oil and shells. Providing a deeply moisturising and softening body exfoliation* 30 mins 30.00

**TRANQUIL SCALP THERAPY** *a treatment designed to ease the tension and stress that can accumulate in the scalp and neck, incorporating the Germaine De Cappuccini Baobab hair oil to nourish and moisturise the hair and scalp* 30 mins 30.00

**NETHERWOOD SIGNATURE MASSAGE** *relax, soothe and unwind. Using targeted massage techniques and natural hand blended oils, releasing tension, ease aching muscles and calming the mind. Come away blissfully relaxed with nourished and hydrated skin* 60 mins 55.00

**A TOUCH OF SILK** *a luxury envelope in precious silk balm which feels like second skin. Exfoliation followed by a mask that deeply hydrates with warm pindas and a soothing scalp massage* 55 mins 55.00

**INDIAN HEAD MASSAGE** *designed to balance the body through ancient techniques with a pressure point massage* 45 mins 45.00

**COUPLES AROMATHERAPY MASSAGE** *using targeted massage techniques and natural hand blended oils. Bring your partner or friend and enjoy this luxurious treat together* 60 mins 65.00 pp

**REJUVINATING MANICURE or PEDICURE** *file, shape, cuticle's, treatment base coat* 45 mins 20.00

**GELERATION ROCKSTAR** *file, shape, Geleration colour and sparkles/nail art* hands 20.00  
toes 25.00

THE SPA  
NETHERWOOD HOTEL

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